

THE ART HOUSE

CREATIVE CAFE

Some of our food does contain nuts so please message or speak with a member of staff if you have ANY allergies. Also our gluten free food is NOT made in a gluten free kitchen apart from our cakes so please bear this in mind if you have a gluten intolerant medical condition.

BREAKFAST MENU AVAILABLE ALL DAY



Freshly baked pastries on the counter from £2.75	Optional extras: Eggs (Scrambled, Poached or Fried) £1.50
Toast & Marmalade and Jams£2.99	Bacon£2
Bacon Sandwich£5.50 (with egg £6.50)	Halloumi or Smoked Salmon £2.50
Smashed avocado on toast£6.50	

SANDWICHES, LIGHT BITES, AND CAKES



TOASTED SANDWICH

Bacon, brie, and cranberry£7.95	Parma ham, brie, and onion chutney . . .£7.95
Mozarella, tomato, basil, and pesto . . .£7.95	Roasted vegetable and hummus£7.95
Vegan nut roast sausage roll (VG) £3.99	Mushroom and red onion bourek (stuffed pastry). £3.99
Spinach and feta bourek (stuffed pastry) . . £3.99	
Cake Tray Bakes from£3	Cake Slice£4

CHILDREN'S MENU



Toast & Spreads – Jam, marmalade, peanut butter, chocolate spread, marmite . . £2	Counter Choice – Child's portion from the counter, with 1 main and 2 salad choices . . £5
Meze plate – Ham/cheese, tomato, cucumber, carrot, humus, pita, fruit, crisps, and yoghurt£5	Pita Pizzas – Make your own from ham, cheese, pineapple, olives, peppers, with crudites, Fruit, crisps, and yoghurt£5
Sandwich – Ham or cheese, jam or marmite with crisps, crudité's, fruit, and yoghurt . . . £5	

DRINKS



Espresso	£2.10
Macchiato	£2.40
Flat White	£2.60
Latte	£2.80
Babycino with marshmallows	£0.75
Iced Mocha	£3.80

English Breakfast Tea£2.20

Hot Chocolate£2.90
- with cream & marshmallows£3.75

Soft drinks – Coca Cola, Diet Coke, Pressed Apple Juice, Pressed Orange Juice, Pressed Elderflower juice, Pressed Mango Juice, Ginger Beer, Fentamans Traditional Lemonade, Pink Lemonade, Sparkling Elderflower, Sparkling Mandarin & Seville Orange, Sparkling Pomegranate & Elderflower, Still water or sparkling water£2.60

FRESHLY PRESSED JUICE

Breakfast Zinger – Lemon, beetroot, carrot, and apple.£5

Skinny Green – Pineapple, cucumber, spinach, apple, and lime£5

MILKSHAKES£5

SMOOTHIES (with fruit & apple juice)£5

Red Berry – Blackberry, strawberry, raspberry, blueberry, and banana.

Tropical Crush – Passion fruit, papaya, mango, and pineapple.

Budvar	£4.00
Long Man Long Blonde (500ml)	£5.00
Polar Monkeys Blue Collar Amber Lager	£4.50

Wine House Red or White 175ml	£5.00
Bottle of Prosecco	£24

Americano	£2.35
Piccolo	£2.40
Cappuccino	£2.80
Mocha	£3.00
Iced Lattes/Chai Latte	£3.30
Syrups	Add 50p
Alternative milks	Add 20p

Herbal teas – Green Tea, Earl Grey, Pear & Ginger, Wild Encounter, Egyptian Mint, Chamomile, Rooibos. .£2.30

Kids hot chocolate£2.00
- with cream & marshmallows£2.30

Kids Tangy Tiger Orange or Apple£2

Regenerate – Carrot, apple, orange, and ginger£5

Super Green – Cucumber, spinach, kale, celery, avocado, hemp seeds, spirulina, and lemon£5.50

Strawberry & Cream, Vanilla & Oreo, Chocolate Salted Caramel, Chocolate Cookies, Mint Choc Chip.

Green Goodness – Avocado, spinach, pear, mint, green apple, and melon.

Long Man American Pale Ale (500ml). . .	£5.00
Polar Monkeys White Collar Golden Ale	£4.50

Bottle of House	£18
Mini bottle of Prosecco	£6

Please ask to see our gin menu

SALAD BOWLS



Beach bowl (GF) £9.75

Roasted chicken breast, avocado, broccoli, feta, sweetcorn, squash, kale roasted cauliflower, and mediterranean chickpea.

Green Goddess Bowl (V) (GF) £9.75

Halloumi, avocado, poached eggs, roasted sweet potato, onions, gerkins, barley super salad, beetroot, and spinach.

Falafel Superfoods Bowl (VG) (GF) . . £9.25

Falafels, Mediterranean chickpea, roasted cauliflower, hummus, butternut squash, kale, beetroot & spinach, barley super salad.

Omega 3 Bowl (V) (GF) £9.75

Smoked salmon, avocado, poached eggs, broccoli, feta & sweetcorn, beetroot, spinach, and barley super salad.

Vegan Salad Bowl (VG) (GF) £9.25

Avocado, butternut squash, kale, beetroot, spinach, hummus, cauliflower, and chickpeas.

Chicken Satay Salad £9.75

Satay chicken, beetroot, spinach, roasted cauliflower, chickpeas, rice, roasted vegetables, and hummus.

Chicken Burrito Bowl £9.75

Roast chicken, roasted veg rice, tomato salsa, guacamole, sour cream, and salads.

Halloumi Burrito Bowl £9.75

Halloumi, roasted veg rice, tomato salsa, guacamole, sour cream, and salads

Vegan Avocado Burrito Bowl £9.75

Avocado, roasted veg rice, tomato salsa, guacamole, barley super salad.

SALAD PLATES



Buddah Bowl (choose 4 salads from below) £6

Salads to choose from...

- 1 Roasted broccilli, feta, spinach, and sweetcorn
- 2 Butternut squash and kale (VG)
- 3 Roasted cauliflower and chickpea (VG)
- 4 Beetroot and Spinach (VG)
- 5 Rice and roasted vegetables (VG)

Salad Plate (choose 5 salads from below) . . . £8.75

– **add** falafel, halloumi, smoked salmon, roasted chicken breast, or avocado . . . £9.50

- 6 Barley super salad (VG)
- 7 Garlic potato salad
- 8 Sweet potato, onions, and gerkins (VG)
- 9 White cabbage slaw (VG)
- 10 Green salad (VG)

FROM THE COUNTER



Feta, spinach, and sundried tomatoes quiche, and 3 salads £8.75

Salmon and leek quiche, and 3 salads . £8.75

Chicken satay (contains nuts), and 3 salads £8.75

Lamb kofta and 3 salads £8.75

Sweet potato curry and 3 salads £8.75

Beef lasagne and 3 salads £8.75

Vegetarian lasagne and 3 salads £8.75

Chicken, leek & bacon tart and 3 salads £8.75

Feta and roasted veg tart, and 3 salads £8.75

Halloumi, tomato, and red onion tart, and 3 salads £8.75

Frittata with roasted veg and cheese (GF), and 3 salads £8.75

Chicken burrito and cheese, and 3 salads £9.75

Halloumi burrito and 3 salads £9.75

5 Bean casserole and 3 salads £9.75

WAFFLES



Children's waffles for Under 10's

for 1 waffle £4.50
or Kinder Bueno £4.95

Just waffle £5.95

2 waffles dusted with icing sugar and a choice of sauce

Peanut butter & banana £7.50

2 waffles topped with peanut butter, sliced banana and drizzled with salted caramel sauce

Oreo £7.50

2 waffles topped with crushed oreos, one scoop of ice cream and sauce of your choice

Banana & Nutella £7.50

2 waffles topped with Nutella, sliced bananas and drizzled with chocolate sauce

To add

- Ice cream scoop £1
strawberry, chocolate, vanilla, mint choc

Banoffee £7.50

2 waffles topped with sliced banana, whipped cream, chocolate flakes and sauce

Strawberry & Nutella £7.50

2 waffles topped with Nutella, sliced strawberries, whipped cream and sauce

Strawberry delight £7.50

2 waffles topped with sliced strawberries, whipped cream, strawberry ice cream and sauce

Unicorn sprinkles £7.50

2 waffles topped with ice cream, whipped cream, smarties, sprinkles and sauce

- Sauces choice
strawberry, chocolate, salted chocolate caramel, toffee

All of our food is available to take away and also delivery on Fridays

WiFi code - thearthouse34

